



Blue Mountains Gravel

Saturday June 15th, 2024
The Blue Mountains, Ontario
Canada

Technical Guide

Version 1.1

A UCI Gravel Series Event

The Canadian Qualifier for the UCI Gravel World Championships

[Event Overview](#)

[Trek UCI Gravel World Series](#)

[Schedule of Events](#)

[Rules and Respect](#)

[Participant Rights](#)

[Traffic Management](#)

[Course Management](#)

[Maps](#)

[Expected Timing](#)

[Appendix A: Numbers](#)

Technical Guide - Purpose

Technical Guide outlines the entire event for the participant. The guide provides the framework for the events operations. The purpose of our guide is as follows:

- Provide an overview of the event.
- Help in promoting events objectives.
- Enable the use of best practices to have a safe and respectful event for all involved.
- Provide answers to all questions that participants may have.
- Provide specific details about the event to provide transparency and clarity for our participants.

Blue Mountains Gravel - Event Overview

Blue Mountains Gravel is organized by Cycling Events Ontario which is a not-for-profit organization made up of a team of passionate cyclists with the goal of bringing safe, and challenging, cycling events to Ontario. The organizing team includes Bruce Bird, multiple UCI Gran Fondo World Champion, and organizer of the Blue Mountains UCI Gran Fondo 2015-19 and UCI Gravel Event in 2023. Our gravel racing format event returns for a second consecutive year and will once again serve as the sole Canadian qualifier for the UCI Gravel World Championships.

Sanctioned by our Cycling Governing Bodies

Promoting the benefits of cycling, the development and growth of cycling and cycling safety are all part of the primary directive for our governing body. By aligning Blue Mountains Gravel with our cycling governing bodies, we are ensuring that we adhere to the rules, regulations, and directives that they set forth, which benefits our participants and the communities we ride in by focusing on safety for participants and respect for the community. Our event has been sanctioned by the Provincial, Federal, and International governing bodies:

The Ontario Cycling Association
Cycling Canada
The UCI

Right of Way at All Intersection

Thanks to amazing support from the Ontario Provincial Police and the Town of the Blue Mountains we have secured right of way at all intersections on the course.

Our Course is Awesome!

Set in beautiful Grey County at the southern end of Georgian Bay, the area provides the ideal geography for a world class gravel event, with a broad variety of terrain under a variety of road surfaces leveraging the Niagara Escarpment and Beaver Valley for challenging climbs and beautiful vistas.

The event will feature two distances as follows:

- Long Distance: 120kms
- Short Distance: 84kms

Participants can select whichever distance they prefer.


UCI Gravel World Championship Qualifying Distances

To be eligible to qualify for a position in the UCI Gravel World Championships riders must adhere to the following:

- Women <50 and Men <60 = Long Distance
- Women 50+ and Men 60+ = Short Distance

*Ages are as determined as of Dec 31st, 2024

Badge of Life Canada

	<p>Badge of Life Canada's Mission</p> <p>Empowering Canadian Public Safety Personnel and their families who are dealing with operational stress injuries, including post-traumatic stress and suicidal ideation, to achieve healthy living and post-traumatic growth.</p> <p>https://badgeoflifecanada.org/</p>	<p>Through the running of our event our goal is to help <u>raise awareness and funds</u> for Badge of Life Canada. Our event would not be possible without the support of Canadian public safety personnel (OPP, EMS, Fire). These important people watch out for our safety and well-being so that we can take part. Thank You!</p>
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Cycling For All - The Blue Mountains Gravel is a UCI Cycling for All event.

"It's very inclusive. It's not just the people who are at these events trying to win, it's everyone racing to have the best day they can, and that's the true spirit of gravel. The UCI are aware of the culture within the sport and want to embrace it and catapult it into a much more professional and incredible sport." – Nathan Haas. [Taken from the UCI Cycling for All Website]

The Trek UCI Gravel World Series



Born in the US Midwest some 12-15 years ago under the name of Gravel Grinders, Gravel events are the new hype in the cycling world where riders are looking for new challenges. After the States, other continents have embraced the concept in recent years and the Gravel market is current booming worldwide.

Focussing on both elites but also masters, and cyclo-tourists these events are a long-distance bike race on mainly unpaved roads and paths with an adventurous and often challenging route in the middle of nature. Organizers are often switching to the format to cope with the difficult process of getting approvals to hold road races on public roads.

The Trek UCI Gravel World Series is a series of UCI-sanctioned races held all over the world. Some 20-30 qualifier events will qualify the top 25% in each age group to the UCI Gravel World Championships where the champions are awarded with the coveted UCI rainbow jersey.

The Trek UCI Gravel World Series are based on the very successful UCI Gran Fondo World Series were launched in 2011 as road qualifier series for the UCI Gran Fondo World Championships with events up to 8000 riders and a yearly World Championships with 3000 participants. The Trek UCI Gravel World Series has quickly evolved towards a high-level elite gravel competition.

The major success of gravel races is the discovery of new hidden backcountry roads where riders of all levels, from world tour elite level to cyclo-tourists can all share the same routes during these mass participation events.

The Trek UCI Gravel World Series concept is focusing on both very competitive riders from the Pro Elite rider level to older riders who still want to compete at a high level at a later age, but also to fun riders who like to keep fit and finish the event.

In a partnership with Belgian sports marketing agency Golazo who is also managing the UCI Gran Fondo World Series, the UCI has created the Trek UCI Gravel World Series. This partnership will be responsible for the overall organization, coordination, and marketing aspects of the Trek UCI Gravel World Series qualifier event. (The above information is from the UCI Gravel World series website: <https://ucigravelworldseries.com/en/about/>)

Schedule of Events

Friday June 14th.

15:00 to 18:00 - Friday Number Pick-up - Osler Bluffs Ski Hill Main Chalet Base of the Hill

Saturday June 15th

07:00: Saturday Morning Number Pick-up - Osler Bluffs Ski Hill Main Chalet Base of the Hill

09:00: Long Distance Neutral Start - Wave 1 - Osler Bluffs Ski Hill behind the Awards Podium at the Base of the Hill

10:00: Short Distance Neutral Start - Wave 2 - Osler Bluffs Ski Hill behind the Awards Podium at the Base of the Hill

12:41: Earliest Anticipated Finishing time for the long Course (35kph avg)

12:52: Earliest Anticipated Finishing time for the short Course (33kph avg)

15:07: Latest Anticipated Finishing time for the short course (17.5kph)

15:16: Latest Anticipated Finishing time for the long course (20kph)

15:00: Awards - Osler Bluffs Ski Hill Awards Podium at the Base of the Hill

Rules and Respect

Respect and a Positive Attitude

Please respect the Event Staff, Volunteers, Race Officials, Ontario Provincial Police, the Community, and the Environment.

Everyone involved with bringing this event to you are working to keep you safe.

We would love to keep having this event in this beautiful area and your positive attitude and respect are the key ingredients to make that happen.

Cycling Gospel that applies here:

Take it easy on steep descents and on corners, your race will not be won on either.

Keep the rubber side down.

Don't turn your pedals in anger.

Event Specific Rules

- ❖ This course is not closed.
 - To keep the event safe, you must stay on the right side of the road. Any rider caught riding on the left side of the road may be disqualified and eliminated from the race. If you are removed from the race and ignore the instruction to do so, you may be subject to further penalties.
- ❖ In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. If the race is cancelled, there will be no refund issued.
- ❖ For your safety, if you withdraw from the event for any reason, inform the nearest Commissaire that you are no longer racing or contact the Race Director at (705) 730-8795. Any unreported DNF may result in a penalty.
- ❖ In the event of a mishap, riders are strictly forbidden from drafting behind vehicles for lengthy periods in attempting to catch up to their group. Such drafting may result in disqualification.
- ❖ The races will be held under the rules of the [UCI](#) and [UCI Gravel Series](#).
- ❖ The penalties described in Parts Road, MTB and Cyclocross of the UCI rules will be applied as appropriate.
- ❖ Team vehicles and private vehicles with spare parts/bikes are forbidden to follow the race. Only race organization vehicles are permitted to follow the race while in progress. Please note sections on the course where cars cannot get through (see course maps).
Riders cannot receive outside help other than at the feed zone and finish line. Riders may provide one another mechanical and nutritional assistance; however, riders must start and finish the race on the same bicycle frame.
- ❖ Awards will be presented according to the published schedule. Top-3 finishers are required to attend award presentations or risk forfeiting their awards.
- ❖ Riders cannot wear earbuds unless they are to enhance hearing. All roads are open to public traffic. For your safety, it is imperative that you be constantly aware of your surroundings. Therefore, headphones/earbuds are forbidden.
- ❖ No parking on the course.
- ❖ Drafting behind other riders who are taking part in the event is permitted regardless of what group they are in.
- ❖ If the riders are travelling slower than the minimum average speed of 20kph they will no longer be part of the race and must obey the rules of the road. There will be an event follow vehicle to let riders know if they are behind the slowest permitted time.
- ❖ All riders must wear a helmet that conforms with UCI regulations. These regulations prohibit the addition of a camera and camera mount to a helmet.
- ❖ We recommend a Gravel bike. Road bike setups are not advised, you will get stuck in the mud. No Recumbent, Tandem or e-bikes.
- ❖ No handlebar extensions other than bar-ends on a flat-bar mountain bike.
- ❖ Do not litter on course.
- ❖ The start will be self-seeding by estimated speed. The organizing team reserves the right to call-up riders to the front of the start corral.

Timekeeping and ranking

Timekeeping will provide an overall final ranking, as well as for each of the UCI qualifying age groups.

Participants Rights

The following information is from the UCI Gravel Series Regulation Website: <https://ucigravelworldseries.com/en/regulations/>

Definition

The Trek UCI Gravel World Series is composed of individual Gravel competitions. A Trek UCI Gravel World Series event is a competitive mass participation event with a mass start which is fully timed for all participants and splits results per age group and gender. The riders must always respect road traffic regulations. The UCI Gravel World Championships is the last event of the series, open to riders qualified through the series.

Rights

Licenses

Riders can take part in the Trek UCI Gravel World Series if they hold any of the following licenses:

- No license, under conditions of the organizer's National Federation.
 - A day license can be purchased when registering for the event.
- Amateur license
- Master license
- Cycling for All license
- Elite license

Note: Riders qualified for the UCI Gravel World Championships, must hold a valid licence issued by their respective national federation (day licences being excluded), must hold a UCI ID and must be adequately insured against accidents and civil responsibility in the country in which the UCI Gravel World Championships are held.

Age groups

The Trek UCI Gravel World Series event must provide results for the following different age groups, for both women and men:

- ELITE MEN
- ELITE WOMEN
- 19 – 34y
- 35 – 39y
- 40 – 44y
- 45 – 49y
- 50 – 54y
- 55 – 59y
- 60 – 64y
- 65 – 69y
- 70 – 74y
- 75 – 79y
- Etc. (any further 5-year category for which riders have entered)

Age Groups applicable to the Trek UCI Gravel World Series are defined by the rider's age on December 31st of the year of the qualifier event. Riders who qualify past the World Championships for next year's World Championships and change age group in the following year will automatically take their qualification to the next age group so don't need to qualify again in their new age group in the year of the World Championships. As per the regulations applied for the UCI Gravel World Championships, medals and titles will be awarded for men and/or women as soon as 1 rider is registered in the respective 5-year age category. Elite riders from a UCI registered team must always take part in the elite category. Elite riders with a national level license have the choice to start in the elite category or in their respective age group but must make that choice prior to the race. Riders signing up for the elite category can only qualify for the elite category at the UCI Gravel World Championships. Riders signing up for the age group categories can only qualify for the age group categories at the UCI Gravel World Championships. If a rider who started with the elites didn't qualify in the elite category, (s)he can't claim qualification in his/her age group if his/her finish time would be within the top 25% of his age category.

Qualification

As per the official qualification system for the 2024 UCI Gravel World Championships, each Trek UCI Gravel World Series event grants qualification rights for the UCI Gravel World Championships for those riders finishing in the first 25% of their category.

The 25% is calculated based on the number of starters in each age group, and not on the number of riders having finished the race.

In addition, the first three riders of each official category will qualify directly for the World Championships, independently of the number of starters in that age group. Riders must finish the race to gain qualification.

For all other methods of qualification (wild cards, gravel national champions, etc.), please consult the official qualification system for the 2024 UCI Gravel World Championships.

The names of riders having gained qualification through the Trek UCI Gravel World Series will be communicated on the Trek UCI Gravel World Series website and will receive an official email from the UCI inviting them to register for the UCI Gravel World Championships via the dedicated online registration portal.

All riders (whether license holders or not) completing the same distance in a qualifier event are officially considered as participants in the Trek UCI Gravel World Series, i.e. they must be part of the same ranking list, independently of the wave in which they started.

Traffic Management

Overview

Traffic management will be provided throughout the event. Riders are granted right-of-way throughout the course and are supported by local law enforcement, mechanical support in the feed zone, and medical support. There will be no road closures during the event. The roads will be live during the event with vehicles on them.

Riders must remain on the right-hand side of the road and will not be permitted to cross over the centre line. In sections where there is no visible centre line, riders must keep to the right side of the road. This rule is enforced by the race officials (Commissaires) who will be out on the course.

A full course management map and schedule, complete with law enforcement posts will be created with input and approval from the Ontario Provincial Police (OPP). Traffic is managed to maximize safety for the participants and residents while also balancing the need to move vehicular traffic in the area. Each intersection, no matter how minor or infrequently traveled, will be categorized in the following way:

- “P” level intersections – require law enforcement to manage traffic, typically ‘P’ intersections either require adjustments to the standard right-of-way or require increased visibility, or both.
- “V” level intersections – do not require a change of the right-of-way, typically do not require law enforcement but may require volunteer or staff course marshals to share information with motorists, provide an extra layer of visibility, and/or direct participants through confusing intersections.

In any location that requires traffic management and direction, law enforcement will be contracted to provide their expertise. Law enforcement will control traffic at main intersections, moving vehicles through intersections as traffic permits. Volunteer course marshals (pointers) may also be assigned locations to further direct cycling participants and/or to aid motorists with wayfinding but will not be charged with directing traffic.

The Motorcades

The event will be supported by a motorcade:

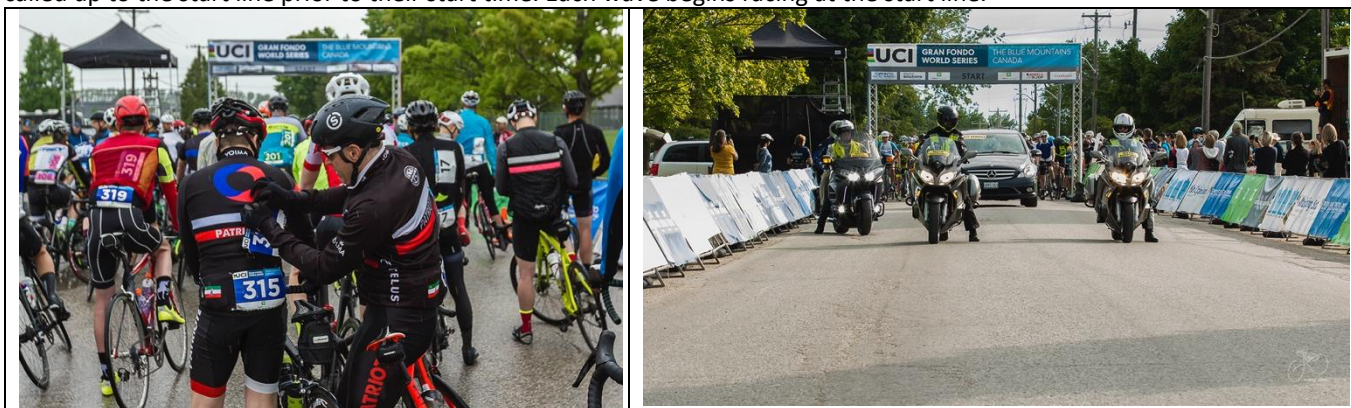
1. The start of the event will be preceded by a vehicle who will remain in front of the lead rider throughout the event.
2. The last rider will be followed by a vehicle.
3. The last vehicle will mark the slowest permitted time for the event. Riders travelling slower than the slowest average pace will be asked to increase their speed to meet the pace or be notified that they are no longer riding within the event and must proceed by following the rules of the road. Riders outside of the event will no longer have the right of way at controlled intersections. The minimum average speed for this event is 19kph and the associated times for every intersection are noted in the course schedule.
4. Event Vehicles will be clearly identified. Lead and Follow cars will be clearly marked with orange lights and stickers for the cars. Motorcycle support may also be part of the event and the motorcycles marked as well to demonstrate they are part of the event.
5. The vehicles will by-pass the ‘no cars’ sections and rejoin the event in their respective positions.

The Start Corral and Neutral Start

Participants will gather in the start corral prior to the Wave start times. The start corral will be at the base of the Osler Bluff Ski Hill on the south side of the Main Clubhouse. The event will begin with a neutralized start as participants ride along the service road up to the Upper Chalet. Riders will regroup and then start at Kilometer Zero which will also be the Finish Line. This neutral start includes a steep climb from the base of the hill, on a service road, to the top. This is a neutral start and there will be time for the riders to regroup at the top before the start of the race.

The Start

The race motorcades will assemble near the start area (reference maps for details). The riders will assemble in the start area and be called up to the start line prior to their start time. Each wave begins racing at the start line.



The Race

During the race riders will often break up into smaller groups and ultimately be scattered around the loop making it difficult to anticipate the exact time when cyclists will travel through the road intersections along the main loop. Smaller groups are expected to travel further to the right side of the road.

The OPP will determine when it is safe to proceed at each intersection. Historically traffic interruptions have been kept to a minimum and the typical delay is less than a minute.

Management of the intersection during the race will follow the traffic management plan according to how each intersection is classified ("P" or "V" or "P" and "V"). A race timing chart is included with this package to provide a time estimate of when the riders for each of the groups will pass through the main intersections on the course (see Race Timing Chart).



The Race Finish

The race finish will be set up at the top of the Osler Bluffs Ski hill; please refer to the detailed race finish map.

Once the riders cross the finish line their race will be over. Participants will then return safely back down to the start area at the base of the ski hill for the awards ceremony. The return to the base of the hill can be steep and the terrain can be challenging. All riders shall take care to descend at a safe speed and stay in control at all times.



The Feed Zone area

The feed zone will be supplied and supported by the events team.

Supporters of the riders may drive to the feed zone to pass supplies to their team members within a designated area (see Course Map).

- Feed Zone: 595753 4 Line, Ravenna, ON N0H 2E0 <https://goo.gl/maps/HRFB2i2oTvUxHNOL6>

The feed zone will be cleaned of all debris (water bottles, gel wrappers) after the event.

Spectators

Spectators must abide by the parking rules and not to park in the direction of the traffic.

Spectators supporting riders should wear a safety vest.

Please keep in mind the safety of all.

The Awards Ceremony

The award ceremonies will be held at the base of the Osler Bluffs Ski Hill once race results are deemed official from the finish line Commissaire. The target time for awards is 3pm on Saturday June 15th.

Address:

Osler Bluff Ski Hill
795534 The Blue Mountains Clearview Townline,
The Blue Mountains, ON L9Y 0R7

The top three finishers of each age group, in both genders, are expected to attend the podium ceremony.

The podium ceremony can be started with the younger age groups as they often finish earlier, thus giving the opportunity to older age groups to prepare while the ceremonies have already started.

The announcer calls the number three to the podium, followed by the number two and number one. When all riders are on stage, the number three finisher gets the UGWS medal, followed by the number two. Then the winner first gets the UGWS age group winner jersey followed by his/her medal. The jersey must be worn on stage.

UGWS Medal

Every rider who finishes in the top 25% of his/her age group in the UGWS qualifier events shall be given a medal. To ensure all concerned riders receive their medal and confirmation of qualification, the organizer sets up a desk where these medals will be distributed to the participants following the race. The top 3 finishers per age group receive their medal on the podium.

UGWS Jersey

TREK UCI Gravel World Series will provide a jersey for every winner in his/her age category for both men's and women's races. There will also be a jersey for the overall male/female winner.

Course Management

Overview

With the OPP creating a safe envelope to stage the event, the commissaires and event volunteers manage the cyclists throughout the routes. Riders are granted right-of-way at controlled intersections.

It is important to note and understand that the race is being conducted on open roads with motor vehicle traffic travelling at regular highway speeds. Riders are reminded to use caution, be aware of motor vehicle traffic and must remain on the right-hand side of the road. Riders are not permitted to cross over the center line.

The event team will both install and remove course directional and informational signage (caution, km marks, etc.), assist cyclists needing help, and pick-up any trash dropped by the participants along the route.

Communications

The goal is to provide for the best communication between all the people supporting the event located around the course for the safety of all.

Some of the lower spots on the course do not have cell tower coverage which limits the effectiveness of cell phones and eliminates coverage for hand-held radios that are based off cell tower coverage. The following communication methods will be followed to keep information flowing:

- A WhatsApp group will be created, and information including messages, photos, and videos, are relayed at regular intervals. The event lead will serve as communications lead and ensure messaging on the group is up to date.
- The event lead will be in regular communication with the OPP officer located at the first police marshalled intersection, to relay information via cell phone. The OPP officer will then relay the information to all the OPP officers out on course through the OPP communication network.
- Key information that will be relayed includes Wave Starts, Issues that arise during the event, Finish. Information about when the last rider in the event passes through each of the intersections.
- The final follow vehicles will also contact each OPP officer and volunteer positioned along the course to let them know that the final rider in the event has passed through.

Community Respect

The event staff will reach out to all participants through email, in the Race Technical Guide and during the pre-event briefing to reinforce the message of Respect for the Community. This includes providing respect for all people working to make the event happen, for the environment and the community. Without the support from the community this event would not be possible.

Safety & Medical Care Overview

Medical needs will be provided by Odyssey Medical Services. An Emergency Action Plan (EAP) will be prepared by Odyssey prior to the event. Here is an example of the details from within the 2023 EAP:

ODYSSEY+

Event Emergency Action Plan			
Event Description			
The Blue Mountains Gravel Fondo is a new event organized by Cycling Events Ontario which is a not-for-profit organization made up of a team of passionate cyclists with the goal of bringing safe, and challenging, cycling events to Ontario.			
Special Risks and Considerations		COVID Plan: N	Forecasted Weather: 100
		Traffic: N	
1. Event Name: UCI Gran Fondo 2023		3. Location: Beaver Valley Community Centre - 58 Alfred St W, Thornbury	
3. Activity: Cycling		4. Event Date: Sunday June 18, 2023	
4. Total Participants/Spectators: TBC		5. Event Medical Team Leader: Frank Fugaccia 416-577-5477	
6. Odyssey On Call Ops Manager: Heather Johnson 705-305-7395			
7. Medical Response Resources			
Treatment Location:	Medical Staff	Trauma Kits	Defibrillators
Medical Coordinator Main Event Site	1	1	1
Mobile Assets:	Medical Staff	Trauma Kits	Defibrillators
Race Support Vehicle Team 1	1	1	1
Race Support Vehicle Team 1	1	1	1
Race Support Vehicle Team 1	1	1	1
Odyssey Vehicle Mobile Team 1	2	1	1
Odyssey Vehicle Mobile Team 1	2	1	1
8. Event Medical Provider			
Odyssey Medical Inc.		28 Currie Street - Unit 24, Barrie, ON L4M 3N4	
		866-335-7600	
9. Regional Paramedic Service			
Grey County Paramedic Services		Paid Duty Resources: N	Service Notification: N
10. Local Hospital			
Meaford General Hospital - 299 Neilson St. W., Meaford			
11. Response Procedures			
Odyssey Medical Inc will provide BLS / CPR / AED / First Aid for patrons and staff. The main medical location will be equipped to handle Basic Life Support patients and will communicate with the Event Medical Team Leader via two-way radio and/or cell phone. As needed all patients will be referred to the main medical area to be assessed by the event.			

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The 2024 EAP will be sent as a separate attachment to this document once provided.

Sanctioning, Road Use and Event Permits

The event organizing team will work with the cycling governing bodies, municipalities, and all required agencies to ensure that the event has been sanctioned and permits issued. The events team will abide by the governance associated with the sanctioning and permits provided for the event.

Sign Plan & Pre-event Notification Overview

The Course Staff will place several types of signs prior to the event. First, pre-event notification signs will be placed prior to the event to offer information to frequent motorists and area residents related to the anticipated areas of slow-downs and disruption. These pre-event notification signs are placed in high-traffic areas and primary intersections leading into the planned routes. These signs are temporary in nature, follow OTM standards, and are removed immediately following the event.

In addition to the pre-event notification signs placed in the area, the event staff will work with The Town of The Blue Mountains to make sure area residents and businesses are informed of the coming event and can adjust as necessary. Residents along the course route will receive a notification delivered to their door prior to the event. Other options include local/regional media, neighborhood newsletters, pre-event mailings and postings.



The **second** type of signs placed by the Course Staff are course directional signage, primarily consisting of right turn, left turn, straight arrows, kilometer/mile markers, feed zone approaching, and caution slow signage.



The **third** type of sign placed on the course is for informational purposes. Typically, this signage is for motorists and residents leading into the course or directly opposing the route. These signs are mostly “Caution Bike Race in Progress”, or “Flagger Ahead” to note an area of caution for motorists.



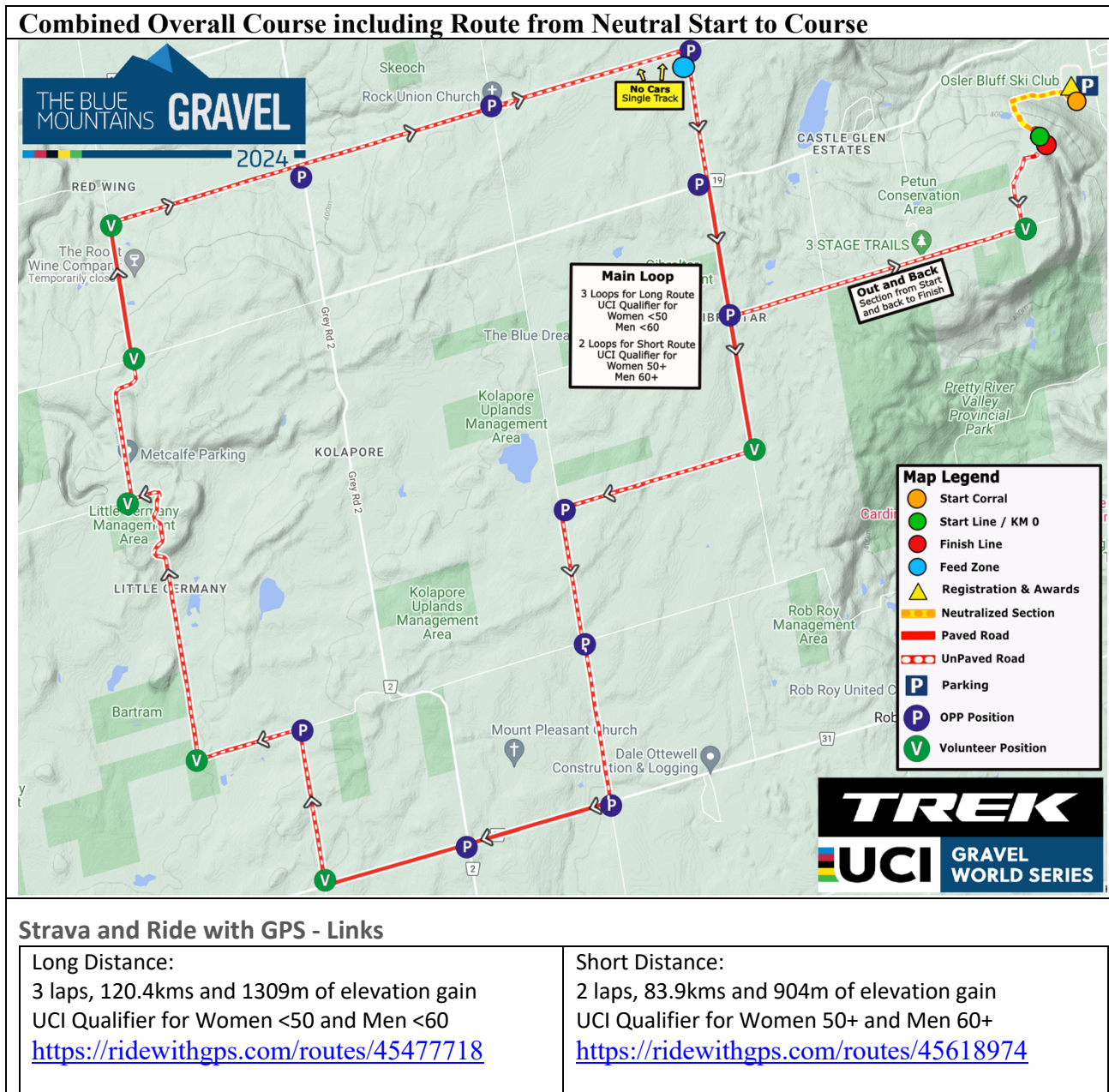
Volunteer Overview

In addition to the contracted traffic safety departments, emergency management resources, various suppliers and services providers, and paid event staff, the event also relies on volunteers to aid the participants on race day. Using a detailed and position assigned structure; groups of volunteers will be managed by the Volunteer Coordinator, in specific areas. Areas of volunteer need include, feed zones, course marshals, registration assistants, start corral, start/finish line, among others.

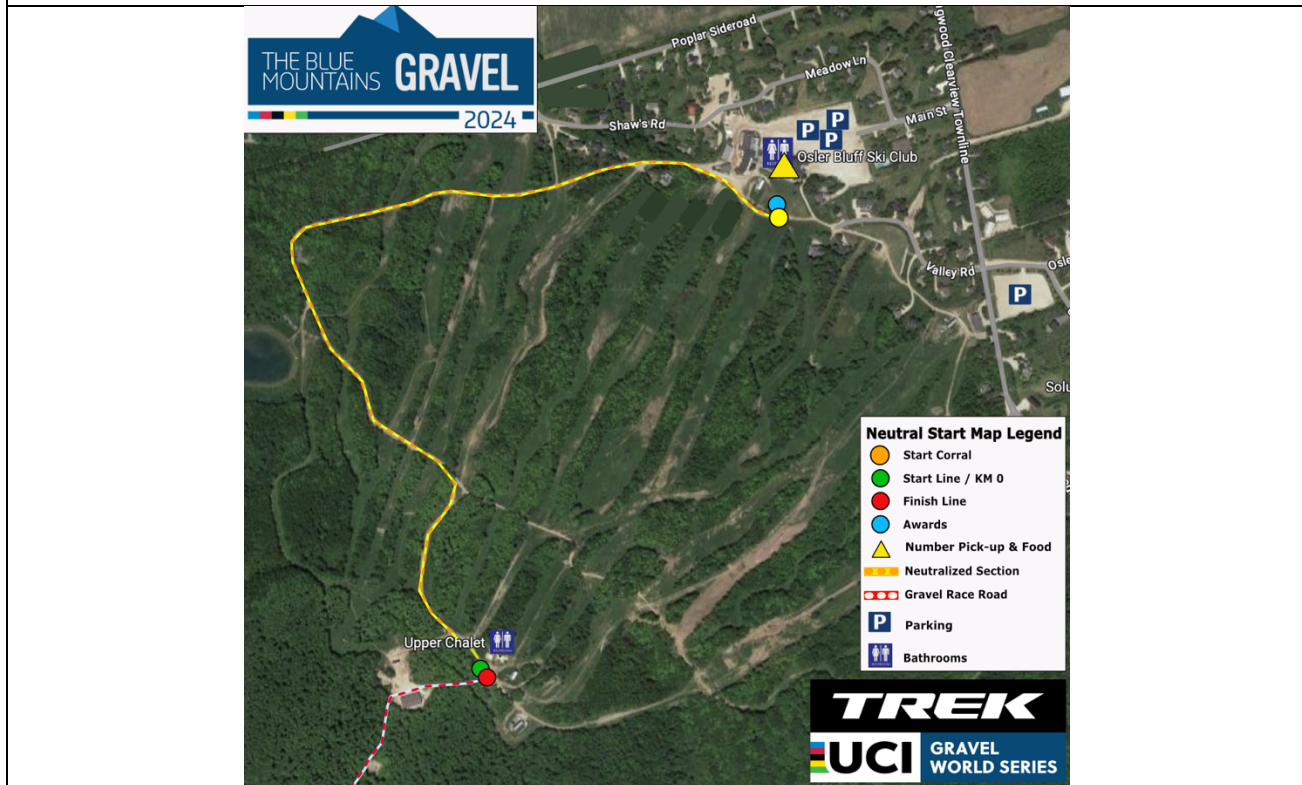
- Identification of danger points: will be regulated by marshals carrying a marker flag and/or a whistle. They will manage, as effectively as possible, the smooth crossing of the cyclists, keeping them aware of any potentially dangerous points of the course while keeping them on the course.

It is intended that our organizing team works with community groups and non-profits to source volunteers for the event days. In appreciation for the volunteer work and in support of community causes, the Race Organization makes donations in proportion to the volunteer hours offered.

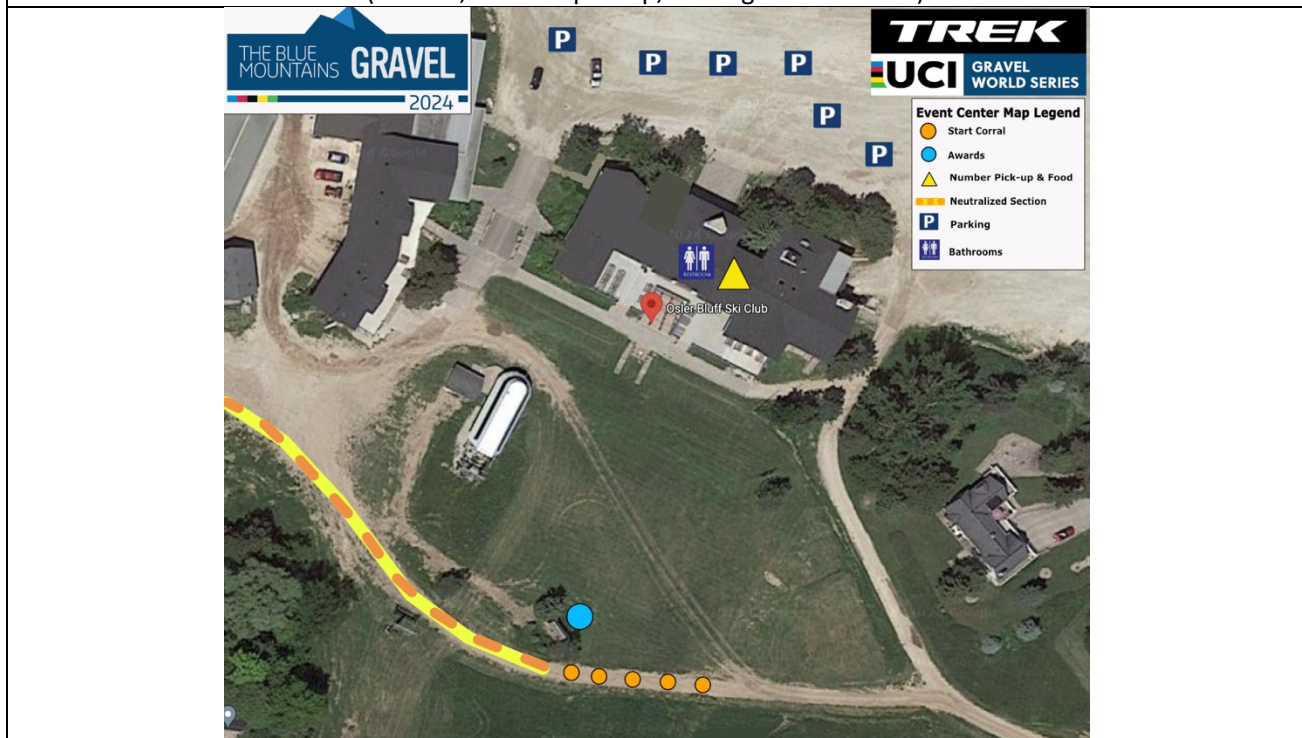
Blue Mountains Gravel: Maps



Detailed View of Neutral Start



Satellite View of Event Centre (Awards, Number pick-up, Parking & Start Corral)



Course Timing

UCI Blue Mountains Gravel Timing - June 15th, 2024													
OPP Position	UCI Blue Mountains Gravel	Short Course	Long Course	Wave 1	35.0 Kph	30.0 Kph	25.0 Kph	19.0 Kph	Wave 2	33.0 Kph	27.0 Kph	22.0 Kph	17.5 Kph
	Neutral Start												
	Osler Bluffs Ski Hill - Base of Hill- Neutral Start - 795534 The Blue Mountains Clearview Townline, The Blue Mountains, ON L9Y 0R7	0.00km	0.00km		09:00:00	09:00:00	09:00:00	09:00:00		10:00:00	10:00:00	10:00:00	10:00:00
	Osler Bluff Ski Hill Top of Hill - Start of Race	0.00km	0.00km		09:15:00	09:15:00	09:15:00	09:15:00		10:20:00	10:20:00	10:20:00	10:20:00
	Loop #1												
P1	6th Sideroad & 4th Line (left)	5.40km	5.40km		09:24:15	09:25:48	09:27:57	09:31:12		10:29:49	10:32:00	10:34:43	10:38:30
	4th Line & 3rd Sideroad (right)	7.30km	7.30km		09:27:30	09:29:36	09:32:31	09:36:54		10:33:16	10:36:13	10:39:54	10:45:01
P2	3rd Sideroad & 6th Line (left)	10.00km	10.00km		09:32:08	09:35:00	09:39:00	09:45:00		10:38:10	10:42:13	10:47:16	10:54:17
P3	6th Line & Blue Mtns. Town Line (jog straight)	11.80km	11.80km		09:35:13	09:38:36	09:43:19	09:50:24		10:41:27	10:46:13	10:52:10	11:00:27
P4	6th Line & Grey 31 Rd. (right)	14.10km	14.10km		09:39:10	09:43:12	09:48:50	09:57:18		10:45:38	10:51:20	10:58:27	11:08:20
P5	Grey 31 Rd. & Grey Rd. 2 (straight) *Concession 12b*	16.10km	16.10km		09:42:36	09:47:12	09:53:38	10:03:18		10:49:16	10:55:46	11:03:54	11:15:12
	Concession 12b. & 45 Rd. (right)	18.10km	18.10km		09:46:01	09:51:12	09:58:26	10:09:18		10:52:54	11:00:13	11:09:21	11:22:03
P6	45 Rd. & Blue Mtns. Townline (left)	20.30km	20.30km		09:49:48	09:55:36	10:03:43	10:15:54		10:56:54	11:05:06	11:15:21	11:29:36
	6th Sideroad & 10th Line (right)	26.00km	26.00km		09:59:34	10:07:00	10:17:24	10:33:00		11:07:16	11:17:46	11:30:54	11:49:08
	10th Line & 12th Sideroad (right)	30.00km	30.00km		10:06:25	10:15:00	10:27:00	10:45:00		11:14:32	11:26:40	11:41:49	12:02:51
P7	12 Sideroad & Grey Road 2 (straight)	32.80km	32.80km		10:11:13	10:20:36	10:33:43	10:53:24		11:19:38	11:32:53	11:49:27	12:12:27
P8	12th Sideroad & 6th Line (straight)	35.50km	35.50km		10:15:51	10:27:00	10:40:12	11:01:30		11:24:32	11:38:53	11:56:49	12:21:42
	12th Sideroad ***No Cars Section***	36.10km	36.10km		10:16:53	10:27:12	10:41:38	11:03:18		11:25:38	11:40:13	11:58:27	12:23:46
P9	12th Sideroad & 4th Line (right) **Feed Zone**	38.20km	38.20km		10:20:29	10:31:24	10:46:40	11:09:36		11:29:27	11:44:53	12:04:10	12:30:58
P10	4th Line & Grey Rd. 19 (straight)	40.10km	40.10km		10:23:44	10:35:12	10:51:14	11:15:18		11:32:54	11:49:06	12:09:21	12:37:29
	6th Sideroad & 4th Line - End of Loop	41.90km	41.90km		10:26:49	10:38:48	10:55:33	11:20:42		11:36:10	11:53:06	12:14:16	12:43:39
	Loop #2												
P1	6th Sideroad & 4th Line (straight)	41.90km	41.90km		10:26:49	10:38:48	10:55:33	11:20:42		11:36:10	11:53:06	12:14:16	12:43:39
	4th Line & 3rd Sideroad (right)	43.80km	43.80km		10:30:05	10:42:36	11:00:07	11:26:24		11:39:38	11:57:20	12:19:27	12:50:10
P2	3rd Sideroad & 6th Line (left)	46.50km	46.50km		10:34:42	10:48:00	11:06:36	11:34:30		11:44:32	12:03:20	12:26:49	12:59:25
P3	6th Line & Blue Mtns. Town Line (jog straight)	48.40km	48.40km		10:37:58	10:51:48	11:11:09	11:40:12		11:48:00	12:07:33	12:32:00	13:05:56
P4	6th Line & Grey 31 Rd. (right)	50.60km	50.60km		10:41:44	10:56:12	11:16:26	11:46:48		11:52:00	12:12:26	12:38:00	13:13:29
P5	Grey 31 Rd. & Grey Rd. 2 (straight) *Concession 12b*	52.60km	52.60km		10:45:10	11:00:12	11:21:14	11:52:48		11:55:38	12:16:53	12:43:27	13:20:20
	Concession 12b. & 45 Rd. (right)	54.70km	54.70km		10:48:46	11:04:24	11:26:16	11:59:06		11:59:27	12:21:33	12:49:10	13:27:32
P6	45 Rd. & Blue Mtns. Townline (left)	56.90km	56.90km		10:52:32	11:08:48	11:31:33	12:05:42		12:03:27	12:26:26	12:55:10	13:35:05
	6th Sideroad & 10th Line (right)	62.60km	62.60km		11:02:18	11:20:12	11:45:14	12:22:48		12:13:49	12:39:06	13:10:43	13:54:37
	10th Line & 12th Sideroad (right)	66.60km	66.60km		11:09:10	11:28:12	11:54:50	12:34:48		12:21:05	12:48:00	13:21:38	14:08:20
P7	12 Sideroad & Grey Road 2 (straight)	69.30km	69.30km		11:13:48	11:33:36	12:01:19	12:42:54		12:26:00	12:54:00	13:29:00	14:17:36
P8	12th Sideroad & 6th Line (straight)	72.00km	72.00km		11:18:25	11:39:00	12:07:48	12:51:00		12:30:54	13:00:00	13:36:21	14:26:51
	12th Sideroad ***No Cars Section***	72.40km	72.40km		11:19:06	11:39:48	12:08:45	12:52:12		12:31:38	13:00:53	13:37:27	14:28:13
P9	12th Sideroad & 4th Line (right) **Feed Zone**	74.80km	74.80km		11:23:13	11:44:36	12:14:31	12:59:24		12:36:00	13:06:13	13:44:00	14:36:27
P10	4th Line & Grey Rd. 19 (straight)	76.60km	76.60km		11:26:18	11:48:12	12:18:50	13:04:48		12:39:16	13:10:13	13:48:54	14:42:37
	6th Sideroad & 4th Line - End of Loop	78.50km	78.50km		11:29:34	11:52:00	12:23:24	13:10:30		12:42:43	13:14:26	13:54:05	14:49:08
	Loop #3												
P1	6th Sideroad & 4th Line (straight)		78.50km		11:29:34	11:52:00	12:23:24	13:10:30					
	4th Line & 3rd Sideroad (right)		80.40km		11:32:49	11:55:48	12:27:57	13:16:12					
P2	3rd Sideroad & 6th Line (left)		83.10km		11:37:27	12:01:12	12:34:26	13:24:18					
P3	6th Line & Blue Mtns. Town Line (jog straight)		85.00km		11:40:42	12:05:00	12:39:00	13:30:00					
P4	6th Line & Grey 31 Rd. (right)		87.20km		11:44:29	12:09:24	12:44:16	13:36:36					
P5	Grey 31 Rd. & Grey Rd. 2 (straight) *Concession 12b*		89.00km		11:47:34	12:13:00	12:48:36	13:42:00					
	Concession 12b. & 45 Rd. (right)		91.10km		11:51:10	12:17:12	12:53:38	13:48:18					
P6	45 Rd. & Blue Mtns. Townline (left)		93.30km		11:54:56	12:21:36	12:58:55	13:54:54					
	6th Sideroad & 10th Line (right)		99.10km		12:04:53	12:33:12	13:12:50	14:12:18					
	10th Line & 12th Sideroad (right)		103.10km		12:11:44	12:41:12	13:22:26	14:24:18					
P7	12 Sideroad & Grey Road 2 (straight)		105.80km		12:16:22	12:46:36	13:28:55	14:32:24					
P8	12th Sideroad & 6th Line (straight)		108.50km		12:21:00	12:52:00	13:35:24	14:40:30					
	12th Sideroad ***No Cars Section***		108.90km		12:21:41	12:52:48	13:36:21	14:41:42					
P9	12th Sideroad & 4th Line (right) **Feed Zone**		111.30km		12:25:48	12:57:36	13:42:07	14:48:54					
P10	4th Line & Grey Rd. 19 (straight)		113.10km		12:28:53	13:01:12	13:46:26	14:54:18					
	6th Sideroad & 4th Line - End of Loop		115.00km		12:32:08	13:05:00	13:51:00	15:00:00					
	Finish Portion												
	6th Sideroad & 4th Line (right)	78.50km	115.00km		12:32:08	13:05:00	13:51:00	15:00:00		12:42:43	13:14:26	13:54:05	14:49:08
	6th Sideroad & 2nd Line (straight)	81.30km	117.80km		12:36:56	13:10:36	13:57:43	15:08:24		12:47:49	13:20:39	14:01:43	14:58:44
	6th Sideroad & entry to Osler Bluffs (left)	82.70km	119.20km		12:39:20	13:13:24	14:01:04	15:12:36		12:50:21	13:23:46	14:05:32	15:03:32
	Finish Line	83.90km	120.40km		12:41:24	13:15:48	14:03:57	15:16:12		12:52:32	13:26:26	14:08:49	15:07:39
	Pace (in kph)				35	30	25	20		33.0 Kph	27.0 Kph	22.0 Kph	17.5 Kph

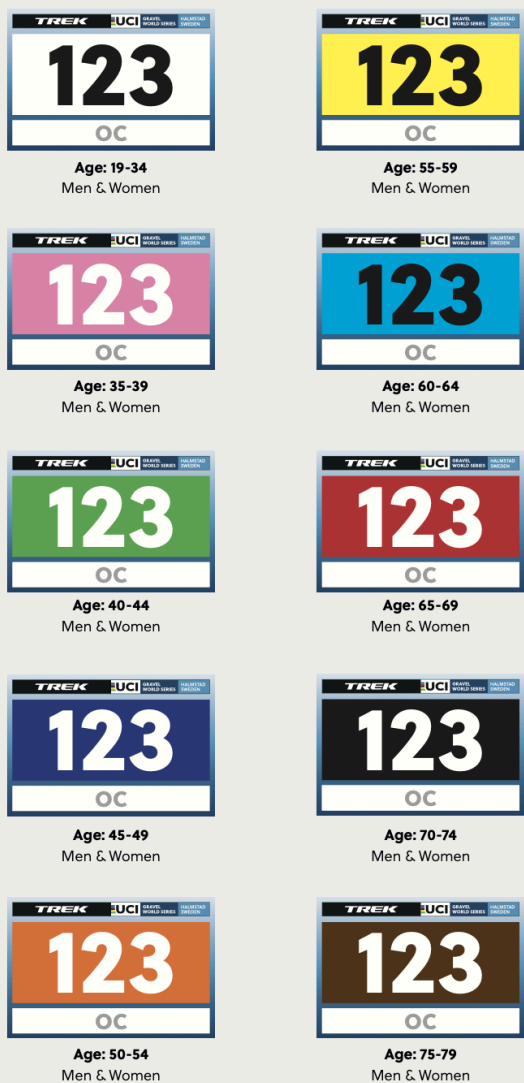
Appendix

Appendix A – Coloured Back Numbers & Timing Tags

Race Numbers

Race numbers will be provided by the organization. Numbers must not be folded or modified and must clearly display the advertiser's logo. It is the rider's responsibility to ensure that their race numbers are readable. Riders whose numbers are unreadable at the finish may not get a placing and may forfeit their prizes.

- The race numbers must be positioned as follow for the Road Race:
On the lower back in the middle of the jersey.

The following images depict bib colours: Please note that the Elite categories will have a grey background for both men and women.	Timing Tag Placement
 <p>123 OC Age: 19-34 Men & Women</p> <p>123 OC Age: 55-59 Men & Women</p> <p>123 OC Age: 35-39 Men & Women</p> <p>123 OC Age: 60-64 Men & Women</p> <p>123 OC Age: 40-44 Men & Women</p> <p>123 OC Age: 65-69 Men & Women</p> <p>123 OC Age: 45-49 Men & Women</p> <p>123 OC Age: 70-74 Men & Women</p> <p>123 OC Age: 50-54 Men & Women</p> <p>123 OC Age: 75-79 Men & Women</p>	<p>Attach the timing tag on the seat post using the supplied cable tie so that it is parallel to the ground and pointing straight back. Put the cable tie through the hole and around the seat post ensuring that the end of the tag is under the cable tie. The timing tag does not need to be returned but can be returned for recycling.</p> 